On-final



507th **Air Refueling Wing - 513**th **Air Control Group**Tinker Air Force Base, Oklahoma

November 2006

Vol. 26, No. 10



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Unit members don their chem gear during the October UTA for the ATSO Fair activities in preparation for next year's ORI. Photo by Senior Master Sgt. Gary Bristol See Pages 6-7 for more information and photos.

VA announces 'Veterans Pride' initiative

WASHINGTON (AFPN) — Leaders of major veteransorganizations joined Veterans Affairs Secretary R. James Nicholson here today to launch an effort to "kindle a new spark of patriotism" by asking men and women who have served in the military to wear their medals on Veterans Day.

"We are announcing a 'Veterans Pride Initiative' to remind Americans of the pride and honor in the hearts of those who have served," Mr. Nicholson said. "We expect Americans will see our decorated heroes unite in spirit at ceremonies, in parades and elsewhere as a com-

pelling symbol of courage and sacrifice on Veterans Day, the day we set aside to thank those who served and safeguarded our national security."



The campaign is modeled after a tradition in Australia and New Zealand, countries who honor the Australian and New Zealand Army Corps on April 25 each year, VA offisaid. cials Nicholson said he hopes a U.S. tradition will ensue to emulate this pride in being a veteran and in honoring the nation's veterans.

VA is offering information about the campaign on a Veterans Pride Initiative Web page where veterans also can obtain information about how to replace mislaid medals and learn how to confirm

the decorations to which they are entitled.

(Courtesy of American Forces Press Service, from a Department of Veterans Affairs news release)

CHAPLAIN'S CORNER ____

Thank you, Daddy

By Chaplain (Capt.) Dwight L. Magnus

Chuck Swindoll told the following story of a man he visited in a dismal veterans hospital:

The day I arrived to visit, I saw a touching scene. This man had a young son, and during his confinement in the hospital, he had made a little wooden truck for his boy. Since the boy was not allowed to go into the ward and visit his father, an orderly had brought the gift down to the child, who was waiting in front of the hospital with his mother. The father was looking out of a fifth-floor window, watching his son unwrap the gift.

The little boy opened the package,

and his eyes got wide when he saw that wonderful little truck. He hugged it to his chest.

Meanwhile, the father was walking back and forth waving his arms behind the windowpane, trying to get his son's attention.

The little boy put the truck down and reached up and hugged the orderly and thanked him for the truck. And all the while the frustrated father was going through these dramatic gestures, trying to say, "It's me, son. I made the truck for you. I gave that to you. Look up here!" I could almost read his lips.

Finally the mother and the orderly

turned the boy's attention up to that fifth-floor window. It was then the boy cried, "Daddy! Oh, thank you! I miss you, Daddy! Come home,



Daddy. Thank you for my truck."

And the father stood in the window with tears pouring down his cheeks.

How much like that child we are.

This Thanksgiving, remember the true source of all your blessings.

America soars on Air Force wings

by General T. Michael Moseley U.S. Air Force Chief of Staff

The United States of America depends on its Air Force to defend the population, deliver global effects and jointly accomplish national objectives to an extent unseen in the history of mankind.

In my 35 years of service, many things have changed. Yet, what has remained constant is the extraordinary dedication, courage, and skill of the men and women we call "Airmen" who deliver for the nation every minute of every day in air, on the surface, in space, and cyberspace.

I am often asked: What does the Air Force contribute? What does our national investment in air, space and cyberspace power bring to America? Let me share with you some observations of our Air Force that have inspired me since I was a new Second Lieutenant — fresh from commissioning at Texas A&M University — and continue to fill me with pride as the Eighteenth Chief of Staff of the United States Air Force.

I see Airmen (Active, Reserve, Air National Guard and Civilians), vigilant at their post, who provide first warning of threats world-wide through space, air and cyber systems that never sleep and

never blink.

From satellites that provide early warning, to overtasked unmanned aerial vehicles and surveillance and reconnaissance aircraft, Airmen operate the world's most advanced sensor network. They watch the globe — to include North Korean preparations for missile launches, Iranian nuclear programs, and the dangerous borders between warring nations. Airmen are

America's global eyes and ears, likely the first to tip off of an emerging threat to Americans and America's interests

I see Airmen who provide the first response worldwide for natural disasters — on scene for rescue and delivering humanitarian supplies (to include complete hospitals) that often mean the difference between life and death.

I see Airmen airborne, in the center



Gen. T. Michael Moseley, Chief of Staff of the Air Force, is greeted by McConnell Air Force Base, Kan. Airmen during his visit there Oct. 12.

of the worst storms and hurricanes in history, to track and provide the warning that is critical to save lives and protect citizens' property.

(To read this article in its entirety, go to http://www.af.mil/news/story.asp?storyID=123029134.)

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All photographs are Air Force photographs unless otherwise indicated. Copy deadline is NOON on UTA Sunday for the next month's edition. If you need more time, please call us at 734-3078.

This is your news source. Take it home with you to share with family, friends, and employers.

507th ARW Mission: Man, train, equip, and sustain an Expeditionary Reserve Force in support of DoD peacetime and wartime taskings. **513th ACG Mission:** Citizen-airmen extending America's Global Power operating the world's best airborne battle management, warning and control platform.

Air Force leaders to discuss new Cyber Command

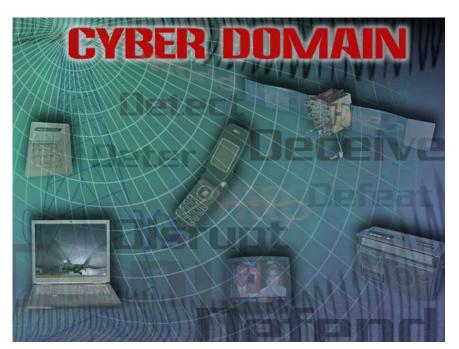
by Staff Sgt. C. Todd Lopez Air Force Print News

Air Force leaders are gathering in early November to discuss plans for creation of a new command, one chartered with flying and fighting in cyber space.

Cyberspace became an official Air Force domain, like air and space, on Dec. 7, 2005, when Secretary of the Air Force Michael W. Wynne and Chief of Staff of the Air Force Gen. T. Michael Moseley introduced a new mission statement.

In a letter to Airmen, they said the new mission was to "deliver sovereign options for the defense of the United States of America and its global interests — to fly and fight in air, space and cyberspace."

Now, Air Force leaders are planning to stand up a new



"cyber command," to be responsible for fighting in that domain, said General Moseley.

"To deliver the full spectrum of effects we will evolve a coherent enterprise, with warfighting ethos, ready to execute any mission in peace, crisis and war," the general said. "We will foster a force of 21st century warriors, capable of delivering the full spectrum of kinetic and non-kinetic, lethal and non-lethal effects across all three domains. This is why we are standing up an operational command for cyberspace, capable of functioning as a supported or supporting component of the joint force."

Air Force leaders begin planning for the new cyber com-

mand Nov. 16 at the Cyber Summit. During the summit, Air Force leaders will chart a way ahead for the Air Force's role in cyberspace, also called the cyber domain, said Dr. Lani Kass, director of the Air Force Cyberspace Task Force.

"The chief of staff of the Air Force is going to gather his senior officers and talk about the new domain, in which, according to our mission, we are going to fly and fight," she said. "Our objective is to come out with a course, a vector, that will set us up for transforming our Air Force, to get us ready for the fight of the 21st century."

According to Dr. Kass, cyberspace is neither a mission nor an operation. Instead, cyberspace is a strategic, operational and tactical warfighting domain — a place in which the Air Force or other services can fight.

"The domain is defined by the electromagnetic spectrum,"

Dr. Kass said. "It's a domain just like air, space, land and sea. It is a domain in and through which we deliver effects — fly and fight, attack and defend — and conduct operations to obtain our national interests."

The cyber domain includes all the places an electron travels. The electron, which is part of the atom, can travel from one atom to the next. This concept is key to electronic communication and energy transmission.

An electron may travel from a cell phone to a cell tower, for instance. The path the electron takes, the shape of its path, the speed it travels, and the direction it travels are all critical to ensuring the cell phone works and that a usable signal is received.

As part of a signal, an electron can travel from a handheld computer to a reception tower, over a wire to a telephone, to a television through an antenna, from a radio transmitter to radio,

and from computer to computer as part of a network.

The electron can also travel, as part of energy transmission, from a microwave oven to popcorn seeds to make them pop, from generators over a wire to a light bulb, and from an X-ray machine through bone to a detection plate to make an image for a doctor to review.

The places where the electron travels is the cyber domain, or cyberspace. And the ability to deliver a full range of cyber effects — to detect, deter, deceive, disrupt, defend, deny, and defeat any signal or electron transmission — is the essence of fighting in cyberspace.

To read the article in its entirety, go to this Air Force link: http://www.af.mil/news/story.asp?storyID=123028524.

President, military leaders dedicate Air Force Memorial

by Staff Sgt. Julie Weckerlein Air Force Print News

WASHINGTON (AFPN) — On behalf of a grateful nation, the president of the United States accepted the Air Force Memorial in a dedication ceremony here attended by military leaders of the past and present, political and business representatives and thousands of ordinary citizens and Airmen alike.

"A Soldier can walk the battlefields where he once fought," said President George W. Bush. "A Marine can walk the beaches he once stormed, but an Airman can never visit the patch of sky he raced across to defend freedom. And so it is fitting that from this day forward, the men and women of the Air Force will have this memorial."

The ceremony was the highlight of a daylong open house event that attracted thousands of people from around the country to the south parking lot of the Pentagon. Huge screens were put up which allowed the visitors in the parking lot to view the dedication ceremony, which took place at the base of the memorial.

That crowd included H. Ross Perot and his son, H. Ross Perot Jr., who is chairman of the Air Force Memorial Foundation, and Secretary of Defense Donald Rumsfeld. Also in attendance were former chiefs of staff of the Air Force, secretaries of the Air Force, chief master sergeants of the Air Force, Air Force Medal of Honor recipients and their families.

Chief Master Sgt. of the Air Force Rodney J. McKinley spoke at the event, saying he was deeply honored to be a part of it. He reflected on the Airmen who serve today, and their connection to the dedicated Airmen who served in the past.

"We have the most powerful air, space and cyberspace force in the world," he said. "This is a long overdue tribute to all those who are a part of this ongoing cycle of dedicated and talented Americans who service in the Air Force."

The Air Force Band performed several pieces while a video was shown with clips from pilots climbing into World War II bombers to modern-day Airmen working in the sands of Iraq.

Chief of Staff of the Air Force Gen. T. Michael Moseley spoke of several Airmen who made the ultimate sacrifice in the name of freedom. He read an excerpt from a letter sent by Senior Airman Jason Cunningham, an Air Force



On behalf of all American citizens President George W. Bush accepts the Air Force Memorial from Air Force Memorial Foundation Chairman Ross Perot Jr. during a dedication ceremony at its Arlington, Va. location overlooking the Pentagon last month. Looking on are, from left: Secretary of Defense Donald Rumsfeld, Secretary of the Air Force Michael W. Wynne, Air Force Chief of Staff Gen. T. Michael moseley and Chief Master Sgt. of the Air Force Rodney J. McKinley.

parajumper with the Special Forces to his wife, Theresa, before he was killed in combat in Afghanistan in 2002.

"As if aware of his impending death, he wrote, 'I'll die a happy man doing the job I love'," read General Moseley. "Those are the words of a true PJ, and it speaks volumes of his commitment and dedication. We honor him with this memorial, as well as the countless others who are like him."

Several aircraft, ranging from World War One bi-planes to today's stealth bombers and fighters, flew over the crowd and memorial in chronological order, providing visual evidence of the evolution of military flight.

The ceremony ended with a demonstration from the Thunderbirds, who buzzed the crowd before doing the bomb-burst formation, which inspired the design of the three-spires of the memorial.

"We commemorate today the courage of the men and women who wear the Air Force blue," said President Bush. "We remember those who gave their lives for their fellow Americans. We mourn their loss, we pray for their families and we consecrate their legacy here today."

ATSO ACTIVITIES





ATSO participants practice donning their chem suits during the October ATSO fair. This activity gave unit members an opportunity to practice during one of the many chances we will have between now and June 2007 at the ORI.

(Top left) Staff Sgt. Anthony Robinson and Senior Airman Jeffrey Grisham of the 507th Security Forces Squadron demonstrate how to safely inspect an M-16 after it has been issued or in preparation of turning it in.

(Right photo) Capt. Michelle Billetter, 507th Medical Squadron, front. right demonstrates the 4-man litter carrying method. Tech. Sqt. Dena Hale, 507th Medical Squadron, looks on. **Approximately** 300 unit members attended the training over the two-day period.



U. S. Air Force Photos by Capt. Bill Pierce and Senior Master Sqt. Gary Bristol.

ATSO ACTIVITIES



Mr. Jonny Conover, 72nd Air Base Wing Senior Exercise Evaluator, demonstrates how to use sandbags to harden a structure, thus protecting the occupants and equipment stored inside.



Staff Sgt. Michael Rennie administers self-aid buddy care to fellow 72nd APS member Senior Airman Ben Montoya during an ATSO exercise in October.



Lt. Col. Michael Miller, left, talks with Senior Master Sgt. Joe Wade and Tech. Sgt. Daniel Bostwick at the ATSO fair activites.

Farewell to the 970th AACS

By Lt. Col. Matt VanWinkle 970th AACS commander

We've come a long way since our demobilization over three years ago. When I took command of the 970 AACS we were two weeks into our "normal" reserve posture and still trying to get reacquainted with our families, our civilian careers, and our lives. In the squadron we were catching up on the day-to-day functions that got overlooked when the entire unit was out fighting a war. It seemed, to some, that all the hard work was behind us – for at least a few years, but that was not the case.

What we had to look forward to was our first ever Operational Readiness Inspection (ORI) in one year's time preceded by eight months of exercises preparing for the inspection. This would be followed by a six month long 8th Air Force Aircrew Standardization and Evaluation inspection (ASEV) which would conclude just in time for us to support our first AEF cycle since demobilization. Of course our AEF commitment would conveniently end just prior to our AFRC Unit Compliance Inspection (UCI). To say the least we had our work cut out for us.

As a new commander, looking at what was coming at us

over the next three years should have been intimidating, but it wasn't. Challenging yes, but not intimidating because I knew the caliber of the individuals in the squadron, quite frankly, the best of the best in AWACS. With top-notch teamwork and extraordinary effort from everyone in the unit we not only succeeded but we excelled!

"Excellent," "Outstanding," "Best-ever," "Model program" were just a few of the accolades written about you, the 970th member, on those inspection reports. Each of you rose to the challenge of the past three years and continue to do so on a daily basis. Remember this though, as good as each 970th individual is, together we are even better and can excel at any task given us.

It was told to me by several senior officers that being a squadron commander would be the best job I would have in my Air Force career. They were right, except I can't imagine wanting to command any other squadron than the 970th AACS, and I can't imagine relinquishing it to anyone other than Lt. Col. Russ Reimer. You have a bright future ahead of you as a unit and I wish you the best. Also, if there is anything I can do to help you on an individual basis, don't hesitate to ask.

Thank you all and I'll see you over at the 513 ACG.

ReserveNet: A readiness/training tracking tool

With the 507th ARW's Operational Readiness Inspection just months away, wing officials are making sure that members are fully prepared for the challenge.

"In addition to knowing essential war skills, other factors affect a reservists deployability such as whether or not that reservist has completed mandatory ancillary training," said Maj. Bonnie Tremblett, 507th Wing Performance Manager.

"Ability to Survive and Operate means more than whether or not we can don our chemical gear properly, or conduct a building sweep...it's also whether or not we can perform all of the duties that we're assigned," the major said. "Ensuring our people are current in all their ancillary training prior to deploying is a very big issue."

Mandatory annual training exists for everyone on topics such as Operational Risk Management, Suicide Prevention, Workplace violence avoidance, Antiterrorism and force protection and provide critical information to ensure that we are able to SUSTAIN our war efforts she said. "In fact," she said, "not being able to prove reservists' currency in mandatory events is an ORI major write-up...and can adversely affect the AEF."

Until now keeping track of which events are necessary and who is current has been a major undertaking for unit training monitors. Enter ReserveNet! A software program created by reservists for reservists. "ReserveNet is a tremendous tracking tool for all of our training readiness and will go a long way to enhance our wartime performance," the major said.

ReserveNet provides a current listing of mandatory ancillary training requirements and the links necessary to complete that training on line. ReserveNet is listed as an application that members may add to their workspace in their Air Force Portal account. Then, by going to the Readiness link, members can view a list of required ancillary training. Once an ancillary training course is completed, it is added to the member's transcript along with the next training date the course is required. "By printing out your personal transcript of completed courses, you can eliminate more than a half dozen individual pieces of paper in your mobility folder and demonstrate immediately that you are ready to deploy," Major Tremblett said.

ReserveNet offers many more features than a tracking system for ancillary training. It also may one day provide personal training schedules, post squadron training bulletins and serve as a wing-wide intranet. "We are very excited about the features this site offers - especially those that help us get ready for our ORI," the major said.

Reservists are encouraged to add ReserveNet to their AF Portal accounts and get their training.

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FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or College-Level Examinations Program (CLEP) or Excelsior College Examinations (ECE) FREE! (Military Only for Excelsior examinations). These examinations test college-level knowledge you may have gained through your job, reading, travel, or hobbies. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test. For more information contact Chief Master Sgt. Sharlotte Epps in the MPF Education and Training Office at 734-7075.

FOREIGN LANGUAGE PROFICIENCY PAY (FLPP)

Reservists may apply for FLPP by submitting a written request for FLPP testing to his/her commander. FLPP I requires you to be on a tour of duty that requires the language. FLPP II will pay based on active duty days or IDT periods performed. Spanish and Tagalog speakers are not entitled to FLPP II. If you are proficient at a foreign language and are interested in this program please contact Chief Master Sgt. Sharlotte Epps or Master Sgt. Sharon Lochman in the MPF Education Office at 734-7075 for instructions on how to apply for FLPP.

TUITION ASSISTANCE

Reserve members are eligible to apply for TA for Distance Learning and In-Residence courses to further their education up to a Master's Degree.

The basic enrollment requirements are that you must:

Be a participating member in good standing (no UIF, Article 15, etc.).

Retainability: Officers - two years; Enlisted - ETS after course completion. Enrollment form must show course number/title, credit hours and cost of tuition. Complete TA forms in our office PRIOR to class start date.

Payment occurs after satisfactory course completion. You must provide a paid receipt and your grade NLT 60 days after course completion. TA reimbursement amounts are set at 75 percent (\$4500) per FY (Masters) or 100 percent (\$4500) per FY (Bachelors). For more information contact Chief Master Sgt. Sharlotte Epps or Ms. Kim Silkwood in the MPF Education and Training Office at 734-7075.

AFRC NCO LEADERSHIP DEVELOPMENT COURSE

The success of the Air Force Reserve NCO corps depends on their ability to apply leadership and management skills learned primarily in a civilian setting to a military environment. Not all of today's mid-level NCOs have extensive first-hand supervisory experience in a reserve environment; therefore, the instruction in this course is intended to improve the students' military supervisor capabilities and understanding of their positions as related to the USAFR. We focus on individual improvement which is ultimately the real source of organizational excellence and success. **See your unit**

training manager for more information. NEXT CLASS: Dec. 4-15, 2006.

FAMILY CARE

If you need to be on the Family Care Plan, notify your first sergeant ASAP - IAW AFI 36-2908. Single parents and dual military couples with children must have a Family Care Plan completed within 90 days of in-processing or family status change.

VIRTUAL MPF

- **1.** <u>Address Changes</u> You no longer have to go to 4 different screens/areas to update your address!!!
- 2. Point Summarys Point Summarys can also be viewed and printed.
- **3.** <u>Record Review RIPS</u> You will now be notified via e-mail, on your birthday, to log on to vMPF to review your RIP.
- **4.** <u>Awards and decorations</u> You can also get a picture display of your awards and decorations.

HOT TOPICS:

All testing (paper and computer) must be scheduled by sending an e-mail to 507.msf.dpmt@tinker.af.mil with the time and date that you would like to test and include the course number.

Paper testing on the UTA is only available at 0750 on Sunday of the main UTA and is in Bldg. 1030 (Hangar) Room 214.

Computer-based testing on the UTA is available on Sunday at 0800 and 1300 in Bldg. 1030 (Hangar) in Room 214.

Please schedule all tests NLT 1500 on Friday before the UTA. If you are unable to keep the scheduled time please e-mail the training office or call 734-7075 prior to scheduled testing time. All testing is also available on Wednesdays at 0800 and 1300 and Thursdays at 1300.

NOTE: If you are retaking a test, you must bring the authorization letter with you or you will not be allowed to test.

EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

Pass and ID Hours of Operation: 0800 - 1200 on Saturdays of the UTA.
IEU open from 1200-1500 on Saturday

of the main UTA.

Nomination packages for AMN, NCO, or SNCO of the quarter are submitted quarterly. Packages are due by 1400, on Saturday of the UTA after the end of the quarter. (Apr, Jul, Oct, Jan)

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FY 2006/2007 UTA SCHEDULE

04-05 Nov 06 02-03 Dec 06 06-07 Jan 07 03-04 Feb 07 03-04 Mar 07 14-15 Apr 07 05-06 May 07 16-17 June 07 14-15 Jul 07 04-05 Aug 07 08-09 Sept 07

As of 25 Oct. 2006

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Fri, 03 Nov 2006 1300 Pre- 1400 Pre- 1430 Pre- 1600 Top	UTA Cmdr Staff Mtg UTA First Sgts Mtg UTA CChief & 1st Sgt Mtg 3 Executive Board Mtg	Bldg 1030, MSG Conf Rm Bldg 1043, Wg Conf Room Bldg. 1043, Wg Conf Room Bldg 1030, MSG Conf Rm 204	Fri, 01 Dec 2006 1300 Pre- 1400 Pre- 1430 Pre- 1600 Top	Pre-UTA Cmdr Staff Mtg Pre-UTA First Sgts Mtg Pre-UTA CChief & 1st Sgt Mtg Top 3 Executive Board Mtg	Bldg 1030, MSG Conf Rm Bldg 1043, Wg Conf Room Bldg. 1043, Wg Conf Room Bldg 1030, MSG Conf Rm 204
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OCCUPATIONAL SURVEYS

These surveys provide information essential for developing personnel programs, classifying occupations, and developing trainning programs. The Wing Survey Control Monitor (SCM) works with the Unit Training Manager (UTM) to ensure surveys are completed. AFI 36-2623, paragraph 2.7 makes completion of these surveys mandatory for all Air Force Reserve members. It is extremely important these surveys are completed by the suspense date. If you have any questions, contact Ms. Kim Silkwood or Staff Sgt. Jeremy Hudson at 734-7075 or your UTM.

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted monthly in Bldg 1043, Wing Training Room in basement. Unit/Ancillary Training Managers are responsible for ensuring their new personnel are scheduled to attend within 90 days of their first UTA. If you have questions, contact the MPF Education & Training Office at 734-7075.

Day	Time	Subject	OPR
		Phase I	
Saturday	1305-1315	Wing Lodging Program	SVF
Saturday	1315-1345	Information Assurance	CF
Saturday	1345-1445	Drug and Alcohol, Suicide/	
		Workplace Violence Prevention	SG
Saturday	1430-1500	Local Conditions/ORM	SE
Saturday	1500-1530	OPSEC Training	OG
		Phase II	
Sunday	0800-0815	Base Populace	CEX
Sunday	0815-0830	IG Briefing	IG
Sunday	0830-1000	UCMJ/Ethics	JA
Sunday	1000-1030	Counter Intel/Awareness	SF
Sunday	1030-1100	Human Relations	ME
Sunday	1300-1600	First Duty Station	ME

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-5249. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

Military Pay

File for pay by:	Receive Direct Deposit by:
02 Nov	09 Nov
07 Nov	15 Nov
09 Nov	17 Nov
14 Nov	22 Nov
16 Nov	24 Nov
20 Nov	29 Nov
21 Nov	01 Dec
28 Nov	06 Dec
30 Nov	08 Dec
05 Dec	13 Dec

Military Pay (405) 734-5016

BAQ Recertification Deadlines

If Last

Then Forward Recertifica-

	Listing to Unit s: Commander in:	
1	November	January
2	December	February
3	January	March
4	February	April
5	March	May
6	April	June
7	May	July
8	June	August
9	July	September
0	August	October

If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Building 1043, Room 213. Editor: Chief Master Sqt. Sharlotte A. Epps, Chief, Education & Training (ART)

Assistant Editor: Master Sqt. Sharon Lochman, Asst. Chief, Education & Training (ART)

Contributing Editors: Tech. Sqt. Chris Rogers, Education and Training Advisor Tech. Sgt. Jimmy Talley, Education and Training Advisor

Staff Sqt. Jeremy Hudson, Education and Training Advisor (ART) Senior Airman Elvira Munoz, Education and Training Advisor Ms. Kimberley Silkwood, Testing and Education Advisor

Wing quarterly award winners announced

By Tech. Sgt. Melba Koch 507th ARW/Public Affairs Office

The winners of the 507th ARW third quarter are Master Sgt. Johnnie R. Baker, Senior NCO; Tech. Sgt. Jimmy R. Thompson, NCO; and Senior Airman Zach Anderson, Airman.

Sergeant Baker, 507th AMXS, is the Integrated Avionics Systems Craftsman Shop Chief.

He was the lead technician for mission support on the RIMPAC deployment, executing 241.5 flying hours in 60 sorties, offloading 1,237,200 pounds of jet fuel to 268 diverse receivers. Sergeant Baker effectively established and maintained deployment work schedules and personnel assignments for sortie support, providing 100 percent coverage for both scheduled flying and unscheduled

> aircraft maintenance.

"Sergeant Baker has a superior understanding of avionics maintenance procedures," says Maj. Sandra Brooks, 507th AMXS com-



Master Sgt. Johnnie Baker

mander. "He is the expert most sought out by peers to provide advice."

Sergeant Baker strives for win-win improvement efforts and uses opportunities to benefit himself as an individual and unit asset. He completed the senior NCO course to better himself and help accomplish unit objectives.

Sergeant Baker is an active participant in the Wing's health and welfare activities and is the fit to fight manager for his squadron. He is an outstanding community servant, volunteers 30 hours monthly in managing, supporting and teaching programs. He participates in Bikers Against Child

Abuse and contributes time, talents and funds for Habitat for Humanity.

Sergeant Thompson, 507th AMXS, is an aircraft mechanic. He exemplifies the "service before self" core value, and maintains and promotes standards others only hope to emulate.

"He contributed directly to around-theclock aerial refueling alert missions supporting Air Force global reach capability for the Strategic Command Single Integrated Operational Plan," said Maj. Sandra Brooks, 507th AMXS commander. "He was a core member of select crew chiefs participating in Operation NOBLE EAGLE alert for homeland defense. Missions resulted in 2.153 flying hours flown on 374 sorties to 963 receivers offloading 11,842,700 pounds of fuel."

Sergeant Thompson was a lead crew chief and mobility manager on RIMPAC 2006, executed 241.5 flying hours against 268 diverse receivers, 60 sorties offloaded 1,237,200 pounds of fuel.

Sergeant Thompson is enrolled in and actively pursing a Community College of the Air Force associate's degree. He was instrumental in acquiring the needed funds for two new state-of-the-art inclement weather deicing maintenance vehicles; decreased operational down-

time and

increased

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winter

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months.



Tech. Sgt.

ompson is Jimmy Thompson an active officer in Civil Air Patrol; devoted fundraiser, helping raise funds for the Alex cycle rider.

The Airman of the quarter has barely set foot on campus but he's already making a big impact. Senior Airman Zach Anderson is a public affairs specialist in the 507th ARW Public Affairs Office.

Airman Anderson graduated from ba-

sic training as an honor graduate. At the Defense Information Technical School he graduated as the distinguished



Senior Airman Zach Anderson

honor graduate and earned status as a Green Rope, Superior Performer (twice), Yellow Rope and Airman of the Month. The superior performer awards were for receiving a perfect (100 percent) during physical fitness evaluations.

While at tech school, Airman Anderson volunteered as a support crew member for the Maryland Special Olympics, working 18 hours a day, facilitating five events each day. He also received a citation, signed by Frank Thorp IV, Rear Admiral, US Navy, for his performance while responding to a motor vehicle accident while he was at his tech school. His actions contributed to the successful medical airlift evacuation of an injured soldier.

Airman Anderson currently works as a college recruiter, helping young students enter college. Most of his recruiting region is over 100 miles away.

"I'm very impressed by Airman Anderson," says Lt. Col. Rich Curry, Airman Anderson's supervisor. "His impact and hope to serve as both an example for other Airmen and a positive reflection of the Air Force Reserve are being felt by all who come in contact with him."

Serviss Foundation and a charity motor-

Turkey trivia

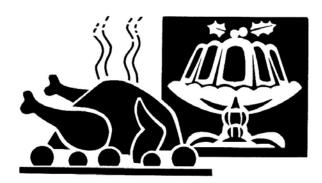
By 507th ARW Safety Office

Some believe Christopher Columbus thought that he had discovered India when he found the New World, and when he discovered a new variety of peacock, the turkey, he called it 'tuka,' which is 'peacock' in Tamil, a dialect from India.

Some say it came from the Native American name for turkey, 'firkee'.

Benjamin Franklin was disappointed when the bald eagle was chosen over his nomination for the brightly plumed and cunning bird of flight, the original native turkey as the national symbol. He said the turkey is a more respectable bird and a true original native of America.

Domesticated turkeys (farm raised) cannot fly. Wild turkeys can fly for short distances at up to 55 miles per hour. Wild turkeys are also fast on the ground, running at speeds of up to 25 miles per hour.



During the '1970's a popular slang expression was to call a person doing a stupid thing, a "Turkey." Being called a turkey was not a compliment, in fact, it meant you were incompetent. The comparison was to the domestic turkey that has been bred into a condition of profound stupidity.

The "Turkey Trot" was a dance made popular in the early 1900's. Conservative members of society thought the dance was demoralizing and tried to get it banned at public functions, which only served to increase its popularity. The turkey trot was not a graceful dance, as couples danced around in circles bobbing their heads like strutting tom turkeys.

In England, during the 1700's, turkeys were walked to market in large flocks. Turkey farmers often covered the birds' feet with little booties to protect them on the long journey to the London market.

When U.S. astronauts Neil Armstrong and Edwin Aldrin sat down to eat their first meal on the moon in their historic 1969 voyage, their foil food packets contained roasted turkey and all the trimmings.

Turkey cooking mistakes

• Buying fresh turkeys too early

 You should not buy a fresh turkey no earlier than two days before you plan on cooking it.

• Cross contamination

 Kitchen surfaces, utensils, and other food can become contaminated by raw or cooked meat.

• Thawing a frozen bird at room temperature

- This is unsafe because you can end up with a turkey that has bacteria growing on its surface. Use the refrigerator method based on so many hours per pound or you can soak it in cold water (change the water every 30 minutes) or if it will fit in the microwave you can try to defrost it in there.

• Partial cooking or pre-stuffing the night before

- Do not partially cook the turkey because interrupted cooking may increase bacterial growth. Do not pre-stuff it either because that also can create a hotbed for organisms to multiply.

• Overstuffing the turkey

- You'll either wind up with undercooked stuffing or an overcooked bird because you'll have to cook beyond the cooking time for the stuffing to reach a safe temperature.

• Promptly refrigerate leftovers

 Place food that has been left out at room temperature in the refrigerator after two hours.

• Don't leave it in the refrigerator for too long

- Gravy and stuffing should not be kept longer than two days. Turkey and other side dishes may be okay for up to four days.

• Divide the turkey

 It is a good idea to not place an entire cooked turkey in the refrigerator. It is better to divide it up into smaller portions that fit in individual containers.

Deep Fried Turkey Safety Tips

- To find out how much oil to use, place the turkey in the pot and then fill it with water. Pull turkey out, mark waterline, drain water & fill with oil.
- Never fry a turkey indoors or in a garage or other structure attached to a building.
 - Never fry on wood decks, which could catch fire.
- Never leave the hot oil unattended, and don't allow children or pets near the cooking area.
- Make sure the oil is completely cooled before disposing or storing.

Tips for a safe hunting trip

By Senior Master Sgt. Gary A. Bristol 507th ARW Safety

Each year, dozens of people are injured or killed in hunting accidents. Many of these involve firearms, but falls and the abuse of alcohol also contribute to the total. The opening of hunting season should serve as a reminder for hunters to take extra care to avoid accidents and injuries during the next several months.

Other threats to deer hunters are the use of unsafe tree



stands and the consumption of alcohol while in the woods. Many accidents can be avoided if a few precautions such as checking tree stands for indications of excessive wear and damage and using a safety strap were taken.

Unfortunately, many take alcoholic beverages with them. The use of alcohol increases the

risk of harm not only to hunter, but also to others who share the woods with them. It is not only a dangerous practice, but in many states it is a misdemeanor punishable by fines of up to \$1,000 and/or 12 months in prison. In addition, those convicted of HUI may have their hunting privileges revoked. If you're a hunter, forget about taking alcohol with you and insist that others with whom you hunt do the same thing.

Follow the "Ten Commandments of Hunting Safety" to prevent accidents and help ensure a safe and enjoyable hunting trip.

Ten Commandments of Hunting Safety

- 1. Treat every firearm or bow and arrow with the same respect as a loaded gun.
- 2. Always point the muzzle of a gun or the tip of an arrow in a safe direction.
- 3. Be sure of your target and of what is in front of and beyond your target.
- 4. Unload firearms and unstring traditional bows when not in use.
- 5. Handle firearms, bows, arrows and ammunition safely.
 - 6. Know your safe zone of fire and stick to it.
 - 7. Control your emotions when hunting or shooting.
 - 8. Wear hearing and eye protection.
- 9. Don't drink alcohol or take drugs before or during handling of firearms or archery equipment.
- 10. Be aware of any other circumstances that require additional caution or safety measures.

In 1987, state law required the Oklahoma Department of Wildlife Conservation's hunter education courses. Anyone born on or after January 1, 1972, upon reaching 16 years of age must have completed a certified hunter education course in order to purchase a hunting license. Additionally, any hunters under the age of 16 (below the age required to purchase a hunting license) must complete a hunter education course if they use a firearm to hunt big game (deer, elk or antelope).

The Ten Commandments of OPSEC

- 1. Thou shalt witness the universality of temptation Everything is affected by OPSEC. Remember, successful operations also rely on finance, personnel, computer operations, maintenance, contracting and logisticians.
- 2. Thou shalt spread the gospel of OPSEC One can't promote OSEC from a cubicle. Tell it. Sell it. Preach it.
- 3. Thou shalt be lonely Very few people really, truly care about OPSEC. Your job as a member of your unit is to convince others that OPSEC matters ... that it saves lives.
- 4. Thou shalt leave to the heathens what is already theirs Don't spend

- valuable time protecting information already known by the bad guys.
- 5. Thou shalt keep it simple If your organizational critical information or essential elements of friendly information list is longer than one page condemn it to the fires of hell. Keep it simple.
- 6. Thou shalt know thine enemy Know the capabilities and intentions of your enemy.
- 7. Thou willst layeth with demons Of all the threats facing your mission and unit, the insider threat is the biggest. Keep eyes open. Report suspicious activities.
 - 8. Thou shalt be a speaker of truth –

- Look for and give honest feedback in your unit's OPSEC program. Don't be afraid of the ugliness that can come from an OPSEC survey or assessment. Use it to improve.
- 9. Thou shalt wrap thy progeny in a covenant of indemnity Backload security and frontload failure. Every idea, concept or plan has an inception. OPSEC must be in the delivery room.
- 10. Thou shalt go forth in unity We all need to work together. Thousands of soldiers, sailors, airmen and Marines are counting on you...OPSEC is everyone's responsibility and it does save lives!

UNIT ACTIVITIES



Children from the East Child **Development Center on Tinker** AFB got an early start on Trick or Treating when they visited the 970th AACS on Oct. 19th. Tech. Sgt. Brian Davie, right, in flight suit, and Senior Master Sqt. Bill Gates, clown, watch the children as they walk through the 970th AACS. Cassandra Legg and Staff Sgt. Kiarrah Dixon, 970th AACS, organized the squadron activity by asking each section to decorate and pass out candy. Approximately 36 children took advantage of the safe environment for Trick or Treating.

Children from the East Child Development Center keep a close eye on Master Sgt. John White as he hands out treats. 970th AACS members dressed up and decorated their sections for the visitors.

U.S. Air Force photos by Lt. Col. Rich Curry





Services Flight Change of Command ---

Capt. Rebecca Lee, right, accepts the flag during the October 507th Services Flight change of command activities. Col. Rodney Bryan, 507th Mission Support Group Commander, left, presided over the ceremony with the help of Chief Master Sgt. Del Looper, 507th SVF Advisor. Captain Lee was commissioned in 2002 and comes to the 507th with a wide array of Services experience. Her husband, Capt. Roger Lee, is Flight Commander, Bioenvironmental Engineering, 22nd Medical Group, McConnell AFB, Kans.

U.S. Air Force photo by Tech. Sgt. Melba Koch

When do flu symptoms warrant antibiotic therapy?

By Maj. (Dr.) Mark Shusterman 507th Medical Squadron

Herm Albright once said that a positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort.

This year's flu season has been particularly nasty, and medical offices across the country have been overwhelmed with patients who just couldn't seem to shake their cough

and runny noses, often for weeks rather than the usual few days. My experience has been no exception, and I found myself facing a large number of people who were virtually demanding antibiotics to "treat" their prolonged illnesses.

Influenza, or the "flu," is a disease caused by a group of viruses, not bacteria, and antibiotics are about as useful in its treatment as an undeployed parachute is to a jumper at fifty feet. Unfortunately, both patients and physicians often feel the need to "do something" when upper respiratory viral conditions do not resolve within a week, and antibiotics are frequently the "something" that gets done.

What's the problem with widely prescribing these drugs? Simple – it's bad for everyone, not least the person taking them. Bacteria are incredibly resilient life

forms, and adapt very quickly to whatever weapons we use against them. It took only a few years after the introduction of penicillin to see the development of tremendous resistance to its action among the most common bugs. Today, pharmaceutical companies have to introduce new antibiotics every few years because the bacteria quickly mutate into ever better "armored" strains. Widespread – and unnecessary – use of antibiotics just accelerates the mutation process, and makes it far more difficult to treat the true infections. Additionally, our bodies depend upon millions of "friendly" bacteria to function, and when we take antibiotics to combat the "unfriendly" ones, we also kill off the good guys, often with very unpleasant consequences.

When do flu symptoms warrant antibiotic therapy? Essentially never, with the exception of those few cases when the viral infection leads to a bacterial one, such as a pneumonia. Pneumonia is a serious inflammation of the lungs caused by a virus, fungus, or bacterium. In the latter instance, antibiotic treatment is not only desirable, by is often life-saving. A bug

called Pneumococcus is the most common cause of bacterial pneumonia, and can appear on the heels of a viral upper respiratory illness, such as a cold or flu, which weakens the immune system. Symptoms of pneumonia include fever, chills, chest pain, shortness of breath, and a cough productive of thick mucus. Organisms that cause pneumonia are spread by contact with the respiratory secretions of the infected individual, such as during a sneeze or cough. Given the similarity in the presentation of the flu or the common cold and pneumonia, it's easy to see why so

many patients and physicians may be quick to draw the antibiotic gun.

So what do you do if you find yourself stricken by the flu menace? If you're able to see a physician within the first two days of the illness, you can obtain a prescription for one of the new antiviral agents specifically designed to combat the flu bug. In recent trials, these have been shown to significantly reduce the severity and duration of symptoms, and I can attest from personal experience that they may be



useful. Otherwise, rest as much as possible, keep well hydrated, take "over the counter" remedies, and just wait for it to go away. If your condition does not improve within a week to ten days, see a doctor, but let him decide whether antibiotics are necessary in your care.

For further information, turn to the American Lung Association, at www.lungusa.org, or the National Foundation for Infectious Diseases, at www.nfid.org.

What's available this UTA weekend

The flu mist will be available for members up to age 49 years and given from 8 a.m. to noon on Sunday, Nov. 5 on the hangar floor of Bldg. 1030.

As of press time the mist was the only one that will be available this UTA. The immunizations section expects the injectable shipment to be available at the December UTA.

News from 'the shirt'

Open door policy is great opportunity for supervisors

By Senior Master Sgt. Nikki Johnson 507th Services Flight

Have you ever gone to your supervisor's office and needed to just talk about something and get turned away because he or she just doesn't have the time for you? What if you are that supervisor? Even though things may get overwhelming at times, you should always make time for your people. During the UTA we are limited on time for job specific training, ATSO training, meetings, medical appointments, Commander's call, etc. The list goes on. But what about making time for your people? Sometimes we have to put one thing aside to be able to accomplish another. This doesn't mean put aside the training that you need or the appointments you need to attend, it just means that you need to make some adjustments and put your people first. If you need to reschedule a meeting to a later time, then do it, or send an alternate in your place if it is appropriate.

Unfortunately, when we get in positions as supervisors and leadership roles, we tend to forget why we were chosen to go into those roles. Someone else felt that you deserved the opportunity to lead the path for others. Keep that in mind everyday; not just in uniform, but all the time. Being there for your people is a necessity because you never know what you could have just done for that indi-

vidual just by listening to him or her. Keep an open door policy with your people so that they know they can come to you when they need to and know that you are going to be there for them when they need it the most.

If you are a new supervisor (staff sergeant or tech sergeant) there is a great course that is geared toward helping you become a better supervisor and leader. It



Senior Master Sgt. Nikki Johnson

helps you use the tools you already have and shows you how to apply them when needed. It is the NCO Leadership Development Course. You can get with your training manager or the Wing Training office regarding the dates (next class date: Dec. 4-15) if you are interested in attending.

Pregnancy in today's Air Force Reserve

By Senior Airman Daniel Martin 507th MDS/SGN

With the news of pregnancy, many steps must be taken to protect not only the unborn fetus, but the mother as well. One such step includes an interview by the 507th Public Health Office, no later than one UTA after confirmation of pregnancy by a medical authority.

Some take for granted and often do not realize all of the potential physical, chemical and radiological hazards that we as Air Force Reserve members are exposed to while on duty. Here at the 507th Public Health Office, it is our job to review with preg-

nant member her military duties and identify any potential hazards that could jeopardize the safety of the mother and unborn child.

If you become pregnant, here is

what you need to do: *first*, obtain a written confirmation of pregnancy from your obstetric physician; *second*, notify your supervisor, unit health monitor, and commander; *third*, bring your written confirmation of pregnancy with you to the 507th Public Health Office, located on the third floor of the hospital in room A335. If you have any questions or concerns, please call us at 734-2575.

So if you become pregnant, don't forget to come see Public Health. Together we can make a safe working environment for you and your baby!



On-final **UPCLOSE**

The following question was asked of our new reservists during Newcomers Orientation inprocessing in October:

"What expectations do you have for your Air Force Reserve career?"



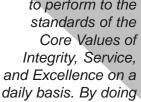
Senior Airman Terrol Williams Jr. 507th MXS

"To be a model Airman while completing my school."



Airman Basic Sean Graham 513th AMXS

"Hope to do some traveling and get some school done."



for other Airmen and



Airman Aaron Chandler 970th AACS

"Hope to do some traveling and get some school done."



Senior Airman Grady Epperly 513th ACG

"An opportunity to serve my country, see some new places and make some extra money."

Senior Airman Zach Anderson 507th ARW

"My ultimate goal is to perform to the this, I hope to serve as both an example

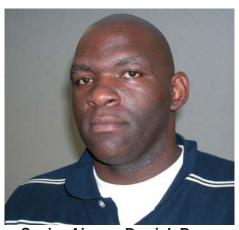


reflection of the Air Force Reserve.



Staff Sgt. Khalid Elneser 970th AACS

"Keep doing my job and get an Air Reserve Technician (ART) slot."



Senior Airman Derrick Berry 507th Services Flight

"To advance, learn more, have a good experience and be more focused toward advancement."

PHOTOS On-final



Staff Sgt. Ben Brent, 465th ARS, visits with members of local Girl Scout Troop 437 during the October UTA. Retired member Tech. Sgt. Rollie Fansler organized the tour of a KC-135.

U. S. Air Force photo by Capt. Bill Pierce

Senior Airman Jason Schaefer, a 507th Civil Engineer utility member, tries to take a dirty job and make it fun while deployed. One of the thankless jobs he has to do is go in the sewage lagoon. The service he provides turns bad water into reusable water and helps the more than 6,000 service members function and accomplish their missions.

U.S. Air Force photo by Master Sgt. George Stiltner



The IG says

Air Force members have the right to:

- File a complaint at any level without going through their supervisory channel.
- File a complaint with an Inspector General (IG) without fear of reprisal.
 - Submit complaints anonymously.
- Submit a complaint even if the member is not the wronged party or was not affected by the alleged violation.

For questions or concerns, contact Capt. Mark Vardaro at:

507th ARW/513th ACG FWA Hotline: 405-556-1745; Toll Free: 877-225-5928 (Enter 405-694-4026); or Fax at: 405-694-4027 or email: mark.vardaro@tinker.af.mil

AFRC FWA Hotline:

(800) 223-1784 Ext. 7-1513

SAF/IGQ FWA Hotline:

(800) 538-8429

DoD FWA Hotline:

(800) 424-9098

Parting Shot



Leading the pack -- Col. Jeffery Glass, 507th ARW commander, leads the Headquarters troops on a fitness run at the end of the day on Saturday of the October UTA. This has become a tradition for the unit to keep fitness as a priority.

U. S. Air Force photo by Capt. Bill Pierce

On-final

R-News

PME push

Master sergeants must now finish the Air Force Senior NCO Academy before they fill a senior or chief master sergeant position in the Air Force Reserve. Lt. Gen. John A. Bradley, chief of the Air Force Reserve and commander of Air Force Reserve Command, announced the policy recently. Before master sergeants had to complete the top enlisted professional military education before they sewed on senior master sergeant stripes. However, they could fill a higher-graded position as long as they enrolled in the academy within six months of their duty effective date. The new policy still requires getting the academy done before promotion but gives added emphasis to the importance of enlisted PME.

Upcoming blood drives

The next campus blood drive will be held Saturday, Nov. 4th from 10 a.m. to 2 p.m. Other dates are Jan. 7, 2007; March 4, 2007; May 6, 2007; July 15, 2007; and Sept. 9, 2007. All of the blood drives are scheduled for Sunday except the November 2006 drive.



507th ARW Recruiters http://get1now.us

Tinker AFB, OK

(In-Service Recruiter) Master Sgt. Gene Higgins (405) 739-2980



Moore, Norman, OK

Master Sgt. Michael Comfort (405) 217-8311

Midwest City, OK

Staff Sgt. Neil Lambrecht (405) 732-6279

Tulsa, OK

Master Sgt. Monica Basye (918) 250-3400

Lawton, OK

Tech. Sgt. Ronald Gregory (580) 357-2784

McConnell AFB, KS

Master Sgt. David McCormick (316) 759-3830 Tech. Sgt. Stephan Kimbrough (In-Service Recruiter) (316) 759-3766 Staff Sgt. Ron Todd

Vance AFB, OK

Tech. Sgt. Stephan Kimbrough (316) 759-3766

(316) 681-2522